

University of Miami School of Education and Human Development  
Ph.D. in Exercise Physiology

**Program of Study**

|   |  |
|---|--|
| <b>Student name</b>   |  |
| <b>Student number</b>   |  |
| <b>Email address</b>  |  |
| <b>Bachelor's degree (Institution, date and major)</b>                      |  |
| <b>Master's degree (Institution, date and major)</b>                        |  |
| <b>Chair of Supervisory Committee</b>                                       |  |
| <b>Members of Supervisory Committee</b>                                     |  |
| <b>Outside Committee Member</b>   |  |
| <b>Semester of admission to doctoral program</b>                            |  |
| <b>Projected semester in which qualifying examination will be submitted</b> |  |
| <b>Projected semester of admission to doctoral candidacy</b>                |  |
| <b>Projected semester of graduation</b>                                     |  |

**Please use an asterisk to indicate credits from another institution being applied to your SEHD EXPH doctoral program of study (e.g., EEX 6211\*).**

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**Required Core in the Major: 21**

| Course  | Course Title  | Number of Credits | Semester Enrolled | Grade |
|---------|---|-------------------|-------------------|-------|
| KIN 621 | Advanced Systemic Exercise Physiology                             | 3                 |                   |       |
| KIN 630 | Cellular Exercise Physiology                                      | 3                 |                   |       |
| KIN 631 | Laboratory Techniques in Functional Evaluation of Skeletal Muscle | 3                 |                   |       |
| KIN 679 | Principles of Exercise Prescription/Assessment: Cardiovascular    | 3                 |                   |       |
| KIN 686 | Exercise Prescription/Assessment Laboratory                       | 3                 |                   |       |
| KIN 735 | Methods in Biomechanical Analysis                                 | 3                 |                   |       |
| KIN 740 | Neurophysiology in Exercise Science                               | 3                 |                   |       |
|         | <b>Total</b>  | <b>21</b>         |                   |       |

**Restricted Electives: 9**

| Course  | Course Title | Number of Credits | Semester Enrolled | Grade |
|---------|--------------|-------------------|-------------------|-------|
| KIN XXX |              | 3                 |                   |       |
| KIN XXX |              | 3                 |                   |       |
| KIN XXX |              | 3                 |                   |       |
|         | <b>Total</b> | <b>9</b>          |                   |       |

**Unrestricted Electives: 3**

| Course  | Course Title | Number of Credits | Semester Enrolled | Grade |
|---------|--------------|-------------------|-------------------|-------|
| KIN XXX |              | 3                 |                   |       |
|         | <b>Total</b> | <b>3</b>          |                   |       |

**Outside Supporting Field: 12**

Select 12 credit hours from relevant supportive field. For guidance, contact the your Advisor.

| Course  | Course Title | Number of Credits | Semester Enrolled | Grade |
|---------|--------------|-------------------|-------------------|-------|
| XXX xxx |              | 3                 |                   |       |
| XXX xxx |              | 3                 |                   |       |
| XXX xxx |              | 3                 |                   |       |
| XXX xxx |              | 3                 |                   |       |
| XXX xxx | <b>Total</b> | <b>12</b>         |                   |       |

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**Research Competencies: 15**

| Course  | Course Title                                       | Number of Credits | Semester Enrolled | Grade |
|---------|--|-------------------|-------------------|-------|
| KIN 746 | Research Methods in Kinesiology and Sport Sciences | 3                 |                   |       |
| EPS 702 | Quantitative Methods II                            | 3                 |                   |       |
| EPS 703 | Applied Multivariate Statistics                    | 3                 |                   |       |
| EPS 7XX | EPS700 or 800 Level Course                         | 3                 |                   |       |
| EPS 7XX | EPS700 or 800 Level Course                         | 3                 |                   |       |
|         | <b>Total</b>                                       | <b>15</b>         |                   |       |

**Dissertation: 12**

| Course  | Course Title                         | Number of Credits | Semester Enrolled | Grade |
|---------|--------------------------------------|-------------------|-------------------|-------|
| KIN 830 | Pre-Candidacy Dissertation Research  |                   |                   |       |
| KIN 840 | Post-Candidacy Dissertation Research |                   |                   |       |
|         |                                      |                   |                   |       |
|         |                                      |                   |                   |       |
|         | <b>Total</b>                         | <b>12</b>         |                   |       |

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| Summary                    | Courses Taken | Courses to be taken | Total |
|----------------------------|---------------|---------------------|-------|
| Required Core in the Major | 21            |                     |       |
| Restricted Electives       | 9             |                     |       |
| Unrestricted Electives     | 3             |                     |       |
| Outside Supporting Field   | 12            |                     |       |
| Research Competencies      | 15            |                     |       |
| Dissertation               | 12            |                     |       |
| <b>TOTAL</b>               | <b>72</b>     |                     |       |

Number of credits of 700/800 level courses: \_\_\_\_\_

Number of credits below 800 level courses: \_\_\_\_\_

I am aware that to be awarded the Ph.D. in Exercise Physiology, I must complete a minimum 60 credit hours of coursework plus 12 credits of dissertation study.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisory Committee, Chair Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisory Committee, Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisory Committee, Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisory Committee, Outside Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Department Chair Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Director of Graduate Studies, Tinisha Hollinshead

\_\_\_\_\_  
Date